

**PLAIN CROISSANTS €2.90**

Add Nutella, Pistachio, or Berry Compote (*Extra €1*)

**MALTESE TRADITIONAL  
FTIRA €5.90**

Tuna chunks, capers, olives, tomato paste, garlic, olive oil, crisps

**BREAKFAST  
CIABATTA €7.50**

Omelette, bacon, sausages, Leicester cheese, tomatoes, crisps

**SMASHED AVOCADO €7.90**

grilled sourdough bread, scrambled eggs, chives

**STACKED PANCAKES OR  
WAFFLES €7.90**

Nutella or pistachio or berry compote or maple syrup & caramelised banana.  
*Served with whipped cream*

**EGGS BENEDICT €8.90**

Poached eggs, buttered English muffin, streaky bacon, hollandaise sauce

**EGGS ROYALE €9.90**

Poached eggs, butter English muffin, smoked salmon, hollandaise sauce

**CROQUE MADAME €9.90**

Grilled sourdough bread, Dijon mustard, smoked ham, cheddar, bechamel, fried egg

**CLASSIC TOASTIE €3.90**

Toasted buttered sliced bread, ham, cheddar cheese, crisps

**OMLETTE €6.90**

3 Egg Omelette, toasted bread

Add Ons

- Ham, Mushrooms, Cheese, Onions, Tomatoes (€1.20)
- Smoked Salmon (€3)

**YOGHURT &  
GRANOLA €7.90**

Greek yoghurt, granola, fresh berries, pecan nuts, dried apricots, coconut flakes, maple syrup

**BRIOCHE FRENCH  
TOAST €8.90**

Whipped ricotta, berries, toasted almonds, butterscotch

**THE FULL VEGGIE €9.90**

Free-range fried eggs, halloumi, baked beans, avocado, hash browns, Roasted tomato, sourdough bread

**SHAKSHUKA €9.90**

Eggs baked in a roasted pepper & spicy tomato sauce, crumbled feta, grilled sour dough

**THE LIFESTYLE  
FULL ENGLISH €9.90**

Free-range fried eggs, streaky bacon, local pork sausages, baked beans, roasted tomato, hash browns, sourdough bread

# SMOOTHIES

## SMOOTHIES MENU

### COCONUT CRUSH

Pineapple, Banana, Coconut

### STRAWBERRY DELIGHT

Strawberry, Banana, Peach

### BLUEBERRY BLISS

Blueberry, Raspberry, Mango, Papaya

### CHERRY BUZZ

Sweet Cherry, Mango, Banana, Fat Free Frozen Yoghurt (Contains Lactose)

### SUPERBERRY HEAVEN

Strawberry, Raspberry, Blackberry

### TROPICAL SUNSHINE

Mango, Melon, Pineapple, Kiwi

### ACAI MAGIC

Acai, Blueberry, Mango, Banana

### PROTEIN BOOSTER

Whey Protein Pellets, Strawberry, Pomegranate, Blueberry, Hemp Seeds

**€5.95** each