

Let's get you started ...

Soup of the day	€8.50
Daily chefs' choice of fresh soup	
Crispy polenta & Parmesan	€11.50
Crispy polenta, Parmesan mayo sauce, mix mushroom, crispy sage	
Cacio e pepe Fried Squid	€16.50
Fried squid with pecorino, black pepper, lemon zest & saffron aioli	
Meat Balls	€14.50
Fresh made beef meat balls, fresh made tomato sauce, basil leaves, parmesan shredded, olive oil, grind black pepper	
Beef Cheek Croquettes	€15.50
Slow braised beef cheek served with black garlic & sherry vinegar emulsion, grated cheese	
Blu Beach Mussel Pot	€16.50
Shellfish bisque, cherry tomatoes, garlic, white wine, onions, herbs, sourdough	

Mouth-Watering Pizza.

Margherita Pizza	€10.00
Mozzarella, tomato sauce & fresh basil	
Pizza ai Funghi	€14.50
Mushrooms, mozzarella, truffle oil, tomato sauce	
Mortadella Pizza	€17.50
Mortadella, burrata, pistachios, pesto sauce & basil	
Capricciosa Pizza	€13.50
Mozzarella, eggs, mushrooms, ham, olives, oregano, tomato sauce	
Parma Pizza	€16.50
Prosciutto, rocket, cherry tomatoes, tomato sauce with parmesan shavings	
BBQ Chicken Pizza	€14.50
Chicken Strips, mozzarella, bell peppers, red onions, tomato sauce & BBQ sauce	
Pizza Salsiccia	€14.50
Italian Sausage, mozzarella, oregano, tomato sauce & fresh basil	
Maltese Pizza	€14.50
Maltese sausage, Gbejna cheese, caramelized onions, capers	
Blu Beach Pizza	€16.00
Tiger prawns, mozzarella, rocket, cherry tomatoes & pesto sauce	
Vegetarian Pizza	€14.50
Halloumi, mozzarella, artichokes, rocket, cherry tomatoes, Kalamata olives & tomato sauce	
<i>Add extra ingredients - €1.50 / Burrata or Smoked Salmon - €2.90</i>	

To be Shared.

Ribeye on bone for 2	€110.00
Truffle butter, crispy sage & pecorino aged	
Seafood platter for 2	€75.00
King prawns, salmon fillet, seabass fillets, calamari mix vongole & mussels, roasted potatoes & salad	
The Ultimate Cheese Board for 2	€36.00
Selection of cheese with chutney, nuts & focaccia bread	

Salads.

Caesar Salad	€16.50
Grilled chicken, baby gem, soft boiled egg, croutons with parmesan shavings & caesar dressing	
Niçoise Salad	€16.50
Grilled fresh tuna, green beans, soft boiled egg, cherry tomatoes, new potatoes & black olive dressing	
Burrata Salad	€16.50
Burrata, fennel pollen, Caponata, Sage Beignets & aged balsamic oil	
Salmon Poke Bowl	€15.95
Sushi rice, spicy salmon, pineapple, edamame beans, carrots, wakame, avocado, sriracha	

Burgers.

Blu Beach Beef Burger	€17.50
Beef burger, cheese, lettuce, tomato, crispy bacon with onions rings & aioli sauce	
Chicken Milanese Burger	€17.50
Crispy chicken burger, mozzarella di buffalo, mayo, roasted peppers, baby gem	
<i>All burgers are served with french fries & a toasted brioche bun</i>	

Mains.

Grilled Bavette & Truffle Butter	€33.00
Chargrilled bavette marinated in herbs & garlic served with truffle butter roasted potatoes	
Grilled Beef Ribeye (35 Day)	€33.50
Aged beef with entrecote sauce & french fries	
Marinated Grilled Chicken Breast	€20.00
Marinated chicken in honey & yogurt, creamy truffle mushroom sauce	
Pork Collar	€23.00
Mix of mushroom, fresh thyme, sage butter & confit herb potatoes	
Grilled Salmon a la polonaise	€25.00
Brown butter crumbs, lemon zest, fresh herbs, chopped eggs & cauliflower puree	
Roast Beef (35 Day)	€29.95
<i>(Only available on weekends)</i> Organic aged beef with roasted vegetable, potatoes, English mustard & horseradish sauce	
Baked Seabass fillet	€24.90
Seabass fillets, spinach, confit cherry tomatoes, beurre blanc sauce	

Sides.

Roasted Herb Potatoes	€3.90
Roasted Seasonal Vegetables	€3.90
Crunchy French fries	€4.00
Beetroot Salad	€4.90
Sweet Potato Fries	€5.90

Sides.

Pepper Sauce	€3.50
Mushroom Sauce	€3.50
Gorgonzola sauce	€3.50

Breakfast Menu.

Plain Croissants - €2.90 Add Nutella, Pistachio, or Berry Compote (Extra €1)	Classic Toastie - €3.90 Toasted buttered sliced bread, ham, cheddar cheese, crisps	Yoghurt & Granola - €7.90 Greek yoghurt, granola, fresh berries, pecan nuts, dried apricots, coconut flakes, maple syrup
Maltese Traditional Ftira - €5.90 Tuna chunks, capers, olives, tomato paste, garlic, olive oil, crisps	Omelette - €6.90 3 Egg Omelette, toasted bread • Ham, Mushrooms, Cheese, Onions, Tomatoes (€1.20) • Smoked Salmon (€3)	Brioche French Toast - €8.90 Whipped ricotta, berries, toasted almonds, butterscotch
Breakfast Ciabatta - €7.50 Tuna chunks, capers, olives, tomato paste, garlic, olive oil, crisps	Stacked pancakes or waffles - €7.90 Nutella or pistachio or berry compote or maple syrup & caramelised banana. Served with whipped cream	Eggs Royale - €9.90 Poached eggs, butter English muffin, smoked salmon, hollandaise sauce
Smashed Avocado - €7.90 Grilled sourdough bread, scrambled eggs, chives	Eggs Benedict - €8.90 Poached eggs, buttered English muffin, streaky bacon, hollandaise sauce	Shakshuka - €9.90 Eggs baked in a roasted pepper & spicy tomato sauce, crumbled feta, grilled sour dough
The Full Veggie - €9.90 Free-range fried eggs, halloumi, baked beans, avocado, hash browns, Roasted tomato, sourdough bread	Croque Madame - €9.90 Grilled sourdough bread, Dijon mustard, smoked ham, cheddar, bechamel, fried egg	The Lifestyle Full English - €9.90 Free-range fried eggs, streaky bacon, local pork sausages, baked beans, roasted tomato, hash browns, sourdough bread

Sushi.

Spicy Tuna Hosomaki Roll	€10.90
Tuna belly, spring onion & crispy tempura flakes	
Alaskan Roll	€13.00
Salmon, avocado, cucumber, mascarpone	
Duck Urumaki Roll	€11.90
Confit shredded duck, crispy leeks & hoi sin sauce	
Yazai Roll (V)	€11.50
Avocado, carrot, cucumber & vegan mayo	
Prawn Tempura Roll	€14.50
Crispy prawn, cucumber, avocado, crispy panko & kewpie mayo	
Tori Karagee	€11.50
Karagee chicken, avocado, cucumber, miso aioli	
California Roll	€14.50
Crab meat, avocado, cucumber, tobiko flakes & kewpie mayo	
Sushi Platter (16 pieces)	€24.50
2pc Tuna Nigiri, 2pc Salmon Nigiri, 4pcs Chicken Katsu Tori, 4pc Spicy Tuna Hasomaki, 4pc Prawn Tempura Roll	
Sushi Platter (32 pieces)	€46.50
4pcs Tuna Nigiri, 4pcs Salmon Nigiri, 4pcs Prawn Tempura Roll, 4pcs Tori Karagee Roll, 4pcs Spicy Tuna Hosomaki Roll, 4pc Baked Salmon Roll, 4pcs Duck Roll, 4pcs Yazai Roll	

Scrumptiously Satisfying Pasta.

Paccheri Chicken & Mushroom	€15.50 / €18.50
Creamy white chicken ragu, sauteed mushrooms, guanciale & fresh parmesan	
Pumpkin Risotto	€14.50 / €17.50
Smoked scamorza cheese, brown butter crispy sage, pumpkin seeds & parmesan	
Beef Mezze Rigatoni	€18.50 / €23.50
Braised beef rigatoni with feta crumble, parsley cream & sautéed mushrooms	
Gnocchi alla Sorrentino	€16.00 / €19.50
Baked soft gnocchi in tomato sauce with mozzarella di bufala & parmesan, smoked	
Spaghetti Amatriciana	€15.50 / €19.90
Guanciale, tomato sauce, fresh chilli, pecorino cheese	
Seafood Linguine	€17.00 / €20.50
Calamari, prawns, black mussels, vongole, bisque sauce, white wine, parsley, olive oil	
<i>Can also be served with gluten free pasta</i>	

Desserts.

Hot Chocolate Fondant	€7.95
Served with Madagascar Vanilla Bean Ice Cream	
Maltese Traditional 'Mqaret'	€7.90
Local Honey, Raisin & Nut Ice Cream	
Tiramisu	€7.90
Mascarpone, Coffee, Savoiardi Biscuits, Cocoa	
Burnt Basque Cheesecake	€7.90
Candied Figs, PX Sherry Glaze	
Breaded Chicken Goujons & Chips	€8.00
Penne Tomato Sauce	€8.00
Penne Cream	€8.00
Pizza Sausage	€8.00

Kids.